

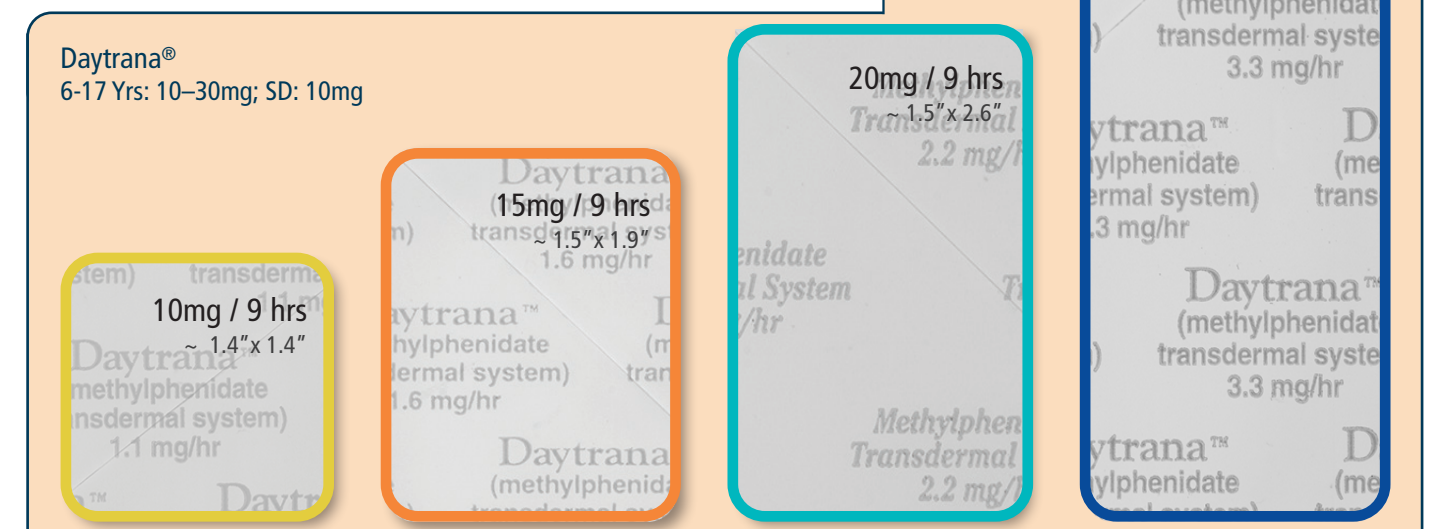
ADHD Medication Guide*

Revised: May 1, 2026

Methylphenidate Formulations – Long Acting, Oral** (Capsules and tablets in this section are shown at actual size)												
Relexxii†	6-12 Yrs: 18-54mg; SD: 18mg 13-17 Yrs: 18-72mg; SD: 18mg ≥18 Yrs: 18-72mg; SD: 18mg or 36mg	G 18mg	G 27mg	G 36mg	45mg	G 54mg	63mg	G 72mg				
Concerta†	6-12 Yrs: 18-54mg; SD: 18mg 13-17 Yrs: 18-72mg; SD: 18mg ≥18 Yrs: 18-72mg; SD: 18mg or 36mg	G 18mg	G 27mg	G 36mg		G 54mg						
Focalin® XR‡ (dexamethylphenidate)	6-17 Yrs: 5-30mg; SD: 5mg 18 Yrs-Adult: 10-40mg; SD: 10mg (biphasic – 50/50)	G 5mg		G 10mg		G 15mg		G 20mg	G 25mg	G 30mg	G 35mg	G 40mg
Cotempla XR-ODT¶ (grape flavor)	6-17 Yrs: 8.6-51.8mg; SD: 17.3mg (biphasic – 25/75)	8.6mg		17.3mg		25.9mg		34.6mg		51.8mg		
Aptensio® XR‡	6 Yrs-Adult: 10-60mg; SD: 10mg (biphasic – 40/60)	G 10mg	G 15mg	G 20mg		G 30mg		G 40mg	G 50mg	G 60mg		
Quillivant XR® (25mg/5mL (5mg/mL) (banana flavor)	6 Yrs-Adult: 20-60mg; SD: 20mg (Continuous Release – 20/80)	10mg 2mL		20mg 4mL		30mg 6mL		40mg 8mL	50mg 10mL	60mg 12mL		
QuillChew ER®§ (cherry flavor)	6 Yrs-Adult: 20-60mg; SD: 20mg (Continuous Release – 30/70)			20mg		30mg		40mg				
Ritalin® LA‡	6-12 Yrs: 10-60mg; SD: 20mg (biphasic – 50/50)	G 10mg		G 20mg		G 30mg		G 40mg		G 60mg		
Metadate® CD‡	6-17 Yrs: 10-60mg; SD: 20mg (biphasic – 30/70)	G 10mg		G 20mg		G 30mg		G 40mg	G 50mg	G 60mg		

Methylphenidate Formulations - Long Acting, Transdermal

(Patches are shown at 100% actual size. The color border around each patch reflects the color of the packaging, not the patch itself.)



Methylphenidate Pro-Drug Formulations - Long Acting, Oral** (Medications in this section are shown at actual size)				
Azstarys® (dexamethylphenidate + serdexmethylphenidate)	6-12 Yrs: 26.1/5.2 – 52.3/10.4; SD: 39.2/7.8mg; 13 Yrs – Adult: 39.2/7.8 – 52.3/10.4; SD: 39.2/7.8mg	26.1mg SDX / 5.2mg d-MPH	39.2mg SDX / 7.8mg d-MPH	52.3mg SDX / 10.4mg d-MPH

Methylphenidate Formulations – Long Acting/Delayed Onset, Oral** (Medications in this section are shown at actual size)						
Jornay PM®‡	6 Yrs-Adults: 20-100mg (dosed in the evening); SD: 20mg	20mg	40mg	60mg	80mg	100mg

Methylphenidate Formulations – Short Acting, Oral** (Medications in this section are shown at actual size)					
Focalin® (dexamethylphenidate)	6-17 Yrs: Daily: 5-20mg, divided BID; SD: 2.5mg BID		G 2.5mg	G 5mg	G 10mg
Ritalin®	6-12 Yrs: Daily: 10-60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10-60mg, divided BID or TID		G 5mg	G 10mg	G 20mg
Methylin Chewable§ (grape flavor)	6-12 Yrs: Daily: 10-60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10-60mg, divided BID or TID	G 2.5mg	G 5mg	G 10mg	
Methylin® Solution (grape flavor)	6-12 Yrs: Daily: 10-60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10-60mg, divided BID or TID		G 5mg/5mL	G 10mg/5mL	

Administration Key:

- † Orally disintegrating tablet
- ‡ Must be swallowed whole
- § Chewable
- ¥ Can be mixed with yogurt, orange juice, or water
- ‡ Can open capsule and sprinkle medication on apple sauce
- Can open capsule and mix with apple sauce or yogurt
- ? Can open capsule and sprinkle medication into water or onto apple sauce

Generic Key:

- G Indicates a generic formulation is also available; generic products are not shown
- G Indicates a generic (but NOT a branded) formulation is available

View the latest version of the ADHD Medication Guide at: www.ADHDMedicationGuide.com

* **Important Information:** The ADHD Medication Guide only includes medications indicated by the FDA for the treatment of ADHD. The age-specific dosing information listed for each medication reflects the FDA-approved prescribing information. "SD" refers to the FDA-recommended starting dose, which sometimes varies by age. Practitioners should refer to the FDA-approved product information to learn more about each medication.

♦ **Discontinued ADHD Medications:** The following FDA-approved proprietary formulations are no longer available (though, in some cases, branded or generic equivalents are still available): Adhansia XR; Adzenys ER (liquid); Cylert (pemoline); Dexedrine Spansules (5mg, 15mg); Dexedrine tablets; DextroStat tablets; Evekeo ODT tablets; LiquADD solution; Metadate CD capsules; Metadate ER tablet (10mg); Methylin Chewable tablets; Ritalin LA capsule (50mg); Ritalin SR tablets (20mg), Strattera.

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Amphetamine Formulations – Long Acting, Oral** (Medications in this section are shown at actual size)

Dyanavel [®] XR [§] (d- & l-amphetamine sulfate) (bubblegum flavor)	6 Yrs–Adults: 2.5–20mg; SD: 2.5 or 5mg (Continuous Release)		5mg		10mg		15mg		20mg					
Dyanavel [®] XR (d- & l-amphetamine sulfate) 2.5mg/mL (bubblegum flavor)	6 Yrs–Adults: 2.5–20mg; SD: 2.5 or 5mg (Continuous Release)	2.5mg 1mL	5mg 2mL	7.5mg 3mL	10mg 4mL	12.5mg 5mL	15mg 6mL	17.5mg 7mL	20mg 8mL					
Mydayis [®] ‡ (mixed amphetamine salts)	13–17 Yrs: 12.5–25mg; SD: 12.5mg Adults: 12.5–50mg; SD: 12.5mg (triphasic – 33.3/33.3/33.3)	G	12.5mg		25mg		37.5mg		50mg					
Adzenys XR-ODT [®] ¶ (d- & l-amphetamine) (orange flavor)	6–12 Yrs: 3.1–18.8mg; SD: 6.3mg 13–17 Yrs: 3.1–12.5mg; SD: 6.3mg Adults: 12.5mg (biphasic – 50/50)		3.1mg	6.3mg	9.4mg	12.5mg	15.7mg	18.8mg						
Adderall XR [®] ‡ (mixed amphetamine salts)	6–17 Yrs: 5–30mg; SD: 10mg Adults: 5–30mg; SD: 20mg (biphasic – 50/50)		G	5mg	G	10mg	G	15mg	G	20mg	G	25mg	G	30mg
Dexedrine Spansule [®] (d-amphetamine sulfate)	6–17 Yrs: 10–60mg; SD: 5mg 1-2x/day		G♦	5mg	G	10mg	G♦	15mg						

Amphetamine Formulations- Long Acting, Transdermal

Xelstrym[™]
(d-amphetamine)
6-17 Yrs: 4.5–18mg;
SD: 4.5mg
Adults: 9-18mg;
SD: 9mg

(Patches are shown at 100% actual size. The color border around each patch reflects the color of the packaging, not the patch itself.)

Amphetamine Pro-Drug Formulations – Long Acting, Oral** (Medications in this section are shown at actual size)

Vyvanse [®] ‡ (capsules) (lisdexamfetamine)	6 Yrs–Adults: 10–70mg; SD: 30mg	G	10mg	G	20mg	G	30mg	G	40mg	G	50mg	G	60mg	G	70mg
Vyvanse [®] ‡ (chewables) (lisdexamfetamine) (strawberry flavor)	6 Yrs–Adults: 10–70mg; SD: 30mg	G	10mg	G	20mg	G	30mg	G	40mg	G	50mg	G	60mg		

Amphetamine Formulations – Short Acting, Oral** (Medications in this section are shown at actual size)

Evekeo [®] (d- & l- amphetamine sulfate)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		G	5mg		G	10mg								
Zenzedi [®] (d-amphetamine sulfate)	3–5 Yrs: SD: 2.5mg 1x/day 6–16 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day	2.5mg	G	5mg	7.5mg	G	10mg		G	15mg	G	20mg	G	30mg	
Adderall [®] (mixed amphetamine salts)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		G	5mg	7.5mg	G	10mg	G	12.5mg	G	15mg	G	20mg	G	30mg
ProCentra [®] (d-amphetamine sulfate) (bubblegum flavor)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		G	5mg/5mL											

Non-Stimulants** (Medications in this section are shown at actual size)

Onyda [™] XR (clonidine, extended release) (orange flavor)	6–17 Yrs: 0.1-0.4mg; SD: 0.1mg (Continuous Release)	0.1mg 1mL	0.2mg 2mL	0.3mg 3mL	0.4mg 4mL										
Kapvay [®] † (clonidine, extended release)	6–17 Yrs: 0.1-0.2mg BID; SD: 0.1mg qHS	G	0.1mg												
Intuniv [®] † (guanfacine, extended release)	6–12 Yrs: 1-4mg; SD: 1mg 13–17 Yrs: 1-7mg; SD: 1mg Weight-based dosing: SD: 0.05-0.08 mg/kg/day; may increase to 0.12 mg/kg/day	G	1mg	G	2mg	G	3mg	G	4mg						
Qelbree [®] ‡ (viloxazine)	6–11 Yrs: 100-400mg; SD: 100mg 12–17 Yrs: 200-400mg; SD: 200mg Adults: 200-600mg; SD: 200mg		100mg	200mg	300mg	+	SPN 150	400mg	+	SPN 200					
Strattera [®] † (atomoxetine)	≤70kg: 0.5mg/kg x ≥3days, then 1.2mg/kg (max:1.4mg/kg, not to exceed 100mg) >70 kg: 40mg x ≥3days, then 80mg (max:100mg)	G	10mg	G	18mg	G	25mg	G	40mg	G	60mg	G	80mg	G	100mg

- Updated versions of the ADHD Medication Guide can be viewed at: www.ADHDMedicationGuide.com
- Laminated copies of the ADHD Medication Guide can be ordered on-line from the ADD Warehouse
- Contact Dr. Andrew Adesman with any comments or suggestions: ADHDMedGuide@Northwell.edu