

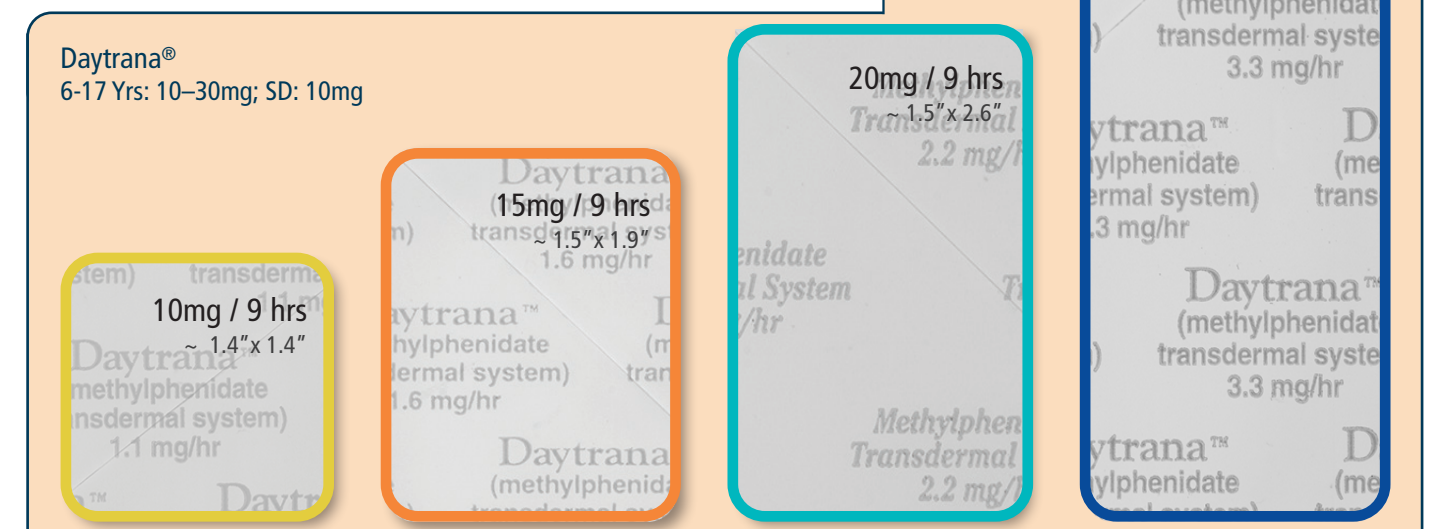
# ADHD Medication Guide\*

Revised: May 1, 2026

Methylphenidate Formulations – Long Acting, Oral** (Capsules and tablets in this section are shown at actual size)													
Relexxii†	6-12 Yrs: 18-54mg; SD: 18mg 13-17 Yrs: 18-72mg; SD: 18mg ≥18 Yrs: 18-72mg; SD: 18mg or 36mg	G 18mg	G 27mg	G 36mg	45mg	G 54mg	63mg	G 72mg					
Concerta†	6-12 Yrs: 18-54mg; SD: 18mg 13-17 Yrs: 18-72mg; SD: 18mg ≥18 Yrs: 18-72mg; SD: 18mg or 36mg	G 18mg	G 27mg	G 36mg		G 54mg							
Focalin® XR‡ (dexamethylphenidate)	6-17 Yrs: 5-30mg; SD: 5mg 18 Yrs-Adult: 10-40mg; SD: 10mg (biphasic – 50/50)	G 5mg		G 10mg		G 15mg		G 20mg	G 25mg	G 30mg	G 35mg	G 40mg	
Cotempla XR-ODT¶ (grape flavor)	6-17 Yrs: 8.6-51.8mg; SD: 17.3mg (biphasic – 25/75)	8.6mg		17.3mg		25.9mg		34.6mg		51.8mg			
Aptensio® XR‡	6 Yrs-Adult: 10-60mg; SD: 10mg (biphasic – 40/60)	G 10mg	G 15mg	G 20mg		G 30mg		G 40mg	G 50mg	G 60mg			
Quillivant XR® (25mg/5mL (5mg/mL) (banana flavor)	6 Yrs-Adult: 20-60mg; SD: 20mg (Continuous Release – 20/80)	10mg 2mL	1 Bottle: 300mg 60mL	20mg 4mL	1 Bottle: 600mg 120mL	30mg 6mL	1 Bottle: 900mg 180mL	40mg 8mL	2 Bottles: 600mg 120mL	50mg 10mL	2 Bottles: 750mg 150mL	60mg 12mL	2 Bottles: 900mg 180mL
QuilliChew ER®§ (cherry flavor)	6 Yrs-Adult: 20-60mg; SD: 20mg (Continuous Release – 30/70)			20mg		30mg		40mg					
Ritalin® LA‡	6-12 Yrs: 10-60mg; SD: 20mg (biphasic – 50/50)	G 10mg		G 20mg		G 30mg		G 40mg		G 60mg			
Metadate® CD‡	6-17 Yrs: 10-60mg; SD: 20mg (biphasic – 30/70)	G 10mg		G 20mg		G 30mg		G 40mg	G 50mg	G 60mg			

## Methylphenidate Formulations - Long Acting, Transdermal

(Patches are shown at 100% actual size. The color border around each patch reflects the color of the packaging, not the patch itself.)



Methylphenidate Pro-Drug Formulations - Long Acting, Oral** (Medications in this section are shown at actual size)				
Azstarys® (dexamethylphenidate + serdexmethylphenidate)	6-12 Yrs: 26.1/5.2 – 52.3/10.4; SD: 39.2/7.8 mg; 13 Yrs – Adult: 39.2/7.8 – 52.3/10.4; SD: 39.2/7.8mg	26.1mg SDX / 5.2mg d-MPH	39.2mg SDX / 7.8mg d-MPH	52.3mg SDX / 10.4mg d-MPH

Methylphenidate Formulations – Long Acting/Delayed Onset, Oral** (Medications in this section are shown at actual size)						
Jornay PM®‡	6 Yrs-Adults: 20-100mg (dosed in the evening); SD: 20mg	20mg	40mg	60mg	80mg	100mg

Methylphenidate Formulations – Short Acting, Oral** (Medications in this section are shown at actual size)					
Focalin® (dexamethylphenidate)	6-17 Yrs: Daily: 5-20mg, divided BID; SD: 2.5mg BID		G 2.5mg	G 5mg	G 10mg
Ritalin®	6-12 Yrs: Daily: 10-60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10-60mg, divided BID or TID		G 5mg	G 10mg	G 20mg
Methylin Chewable§ (grape flavor)	6-12 Yrs: Daily: 10-60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10-60mg, divided BID or TID	G 2.5mg	G 5mg	G 10mg	
Methylin® Solution (grape flavor)	6-12 Yrs: Daily: 10-60mg; divided BID or TID; SD: 5mg BID Adults: Daily: 10-60mg, divided BID or TID		G 5mg/5mL	G 10mg/5mL	

**Administration Key:**

- ¶ Orally disintegrating tablet
- ‡ Must be swallowed whole
- § Chewable
- ¥ Can be mixed with yogurt, orange juice, or water
- ‡ Can open capsule and sprinkle medication on apple sauce
- Can open capsule and mix with apple sauce or yogurt
- ? Can open capsule and sprinkle medication into water or onto apple sauce

**Generic Key:**

- G Indicates a generic formulation is also available; generic products are not shown
- G Indicates a generic (but NOT a branded) formulation is available

View the latest version of the ADHD Medication Guide at: [www.ADHDMedicationGuide.com](http://www.ADHDMedicationGuide.com)

\* **Important Information:** The ADHD Medication Guide only includes medications indicated by the FDA for the treatment of ADHD. The age-specific dosing information listed for each medication reflects the FDA-approved prescribing information. "SD" refers to the FDA-recommended starting dose, which sometimes varies by age. Practitioners should refer to the FDA-approved product information to learn more about each medication.

♦ **Discontinued ADHD Medications:** The following FDA-approved proprietary formulations are no longer available (though, in some cases, branded or generic equivalents are still available): Adhansia XR; Adzenys ER (liquid); Cylert (pemoline); Dexedrine Spansules (5mg, 15mg); Dexedrine tablets; DextroStat tablets; Evekeo ODT tablets; LiquADD solution; Metadate CD capsules; Metadate ER tablet (10mg); Methylin Chewable tablets; Ritalin LA capsule (50mg); Ritalin SR tablets (20mg), Strattera.

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## Amphetamine Formulations – Long Acting, Oral\*\* (Medications in this section are shown at actual size)

Dyanavel® XR§ (d- & l-amphetamine sulfate) (bubblegum flavor)	6 Yrs–Adults: 2.5–20mg; SD: 2.5 or 5mg (Continuous Release)		5mg		10mg		15mg		20mg
Dyanavel® XR (d- & l-amphetamine sulfate) 2.5mg/mL (bubblegum flavor)	6 Yrs–Adults: 2.5–20mg; SD: 2.5 or 5mg (Continuous Release)	2.5mg 1mL	5mg 2mL	7.5mg 3mL	10mg 4mL	12.5mg 5mL	15mg 6mL	17.5mg 7mL	20mg 8mL
Mydayis®‡ (mixed amphetamine salts)	13–17 Yrs: 12.5–25mg; SD: 12.5mg Adults: 12.5–50mg; SD: 12.5mg (triphasic – 33.3/33.3/33.3)	12.5mg		25mg		37.5mg		50mg	
Adzenys XR-ODT®¶ (d- & l-amphetamine) (orange flavor)	6–12 Yrs: 3.1–18.8mg; SD: 6.3mg 13–17 Yrs: 3.1–12.5mg; SD: 6.3mg Adults: 12.5mg (biphasic – 50/50)		3.1mg	6.3mg	9.4mg	12.5mg	15.7mg	18.8mg	
Adderall XR®‡ (mixed amphetamine salts)	6–17 Yrs: 5–30mg; SD: 10mg Adults: 5–30mg; SD: 20mg (biphasic – 50/50)		5mg	10mg	15mg	20mg	25mg	30mg	
Dexedrine Spansule® (d-amphetamine sulfate)	6–17 Yrs: 10–60mg; SD: 5mg 1-2x/day		5mg	10mg	15mg				

### Amphetamine Formulations- Long Acting, Transdermal

Xelstrym™ (d-amphetamine)  
6-17 Yrs: 4.5–18mg; SD: 4.5mg  
Adults: 9-18mg; SD: 9mg

(Patches are shown at 100% actual size. The color border around each patch reflects the color of the packaging, not the patch itself.)

## Amphetamine Pro-Drug Formulations – Long Acting, Oral\*\* (Medications in this section are shown at actual size)

Vyvanse®¶ (capsules) (lisdexamfetamine)	6 Yrs–Adults: 10–70mg; SD: 30mg	10mg	20mg	30mg	40mg	50mg	60mg	70mg
Vyvanse®§ (chewables) (lisdexamfetamine) (strawberry flavor)	6 Yrs–Adults: 10–70mg; SD: 30mg	10mg	20mg	30mg	40mg	50mg	60mg	

## Amphetamine Formulations – Short Acting, Oral\*\* (Medications in this section are shown at actual size)

Evekeo® (d- & l- amphetamine sulfate)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		5mg		10mg				
Zenzedi® (d-amphetamine sulfate)	3–5 Yrs: SD: 2.5mg 1x/day 6–16 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day	2.5mg	5mg	7.5mg	10mg	15mg	20mg	30mg	
Adderall® (mixed amphetamine salts)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		5mg	7.5mg	10mg	12.5mg	15mg	20mg	30mg
ProCentra® (d-amphetamine sulfate) (bubblegum flavor)	3–5 Yrs: SD: 2.5mg 1x/day 6–17 Yrs: 5-40mg divided BID; SD: 5mg 1-2x/day		5mg/5mL						

## Non-Stimulants\*\* (Medications in this section are shown at actual size)

Onyda™ XR (clonidine, extended release) (orange flavor)	6–17 Yrs: 0.1-0.4mg; SD: 0.1mg (Continuous Release)	0.1mg 1mL	0.2mg 2mL	0.3mg 3mL	0.4mg 4mL				
Kapvay®† (clonidine, extended release)	6–17 Yrs: 0.1-0.2mg BID; SD: 0.1mg qHS	0.1mg							
Intuniv®† (guanfacine, extended release)	6–12 Yrs: 1-4mg; SD: 1mg 13–17 Yrs: 1-7mg; SD: 1mg Weight-based dosing: SD: 0.05-0.08 mg/kg/day; may increase to 0.12 mg/kg/day	1mg	2mg	3mg	4mg				
Qelbree®‡ (viloxazine)	6–11 Yrs: 100-400mg; SD: 100mg 12–17 Yrs: 200-400mg; SD: 200mg Adults: 200-600mg; SD: 200mg	100mg	200mg	300mg	400mg				
Strattera®† (atomoxetine)	≤70kg: 0.5mg/kg x ≥3days, then 1.2mg/kg (max:1.4mg/kg, not to exceed 100mg) >70 kg: 40mg x ≥3days, then 80mg (max:100mg)	10mg	18mg	25mg	40mg	60mg	80mg	100mg	

- Updated versions of the ADHD Medication Guide can be viewed at: [www.ADHDMedicationGuide.com](http://www.ADHDMedicationGuide.com)
- Laminated copies of the ADHD Medication Guide can be ordered on-line from the ADD Warehouse
- Contact Dr. Andrew Adesman with any comments or suggestions: [ADHDMedGuide@Northwell.edu](mailto:ADHDMedGuide@Northwell.edu)